

A SPIRIT OF HOPE:

HOW WE TRAVEL TOGETHER

Hope: a deeper motivational and relational state that combines desire, meaning, and willingness to stay engaged despite uncertainty. It is the decision to remain open - to care, to invest and to act.



Hope requires vulnerability. It forces a person to admit they want something better, which is scary when they believe that "something better" is unattainable.

God is a "very present help" *in* trouble, often not a God who immediately removes the trouble.

Viktor Frankl's Observation: The psychiatrist noted in Nazi death camps that those with "irrational hope" (e.g., release by Christmas) often died when it didn't happen; true survival hope was rooted in a deeper, more enduring meaning beyond the immediate release.



PSALM 42

Hope in God; for I shall again praise him, my
salvation and my God

His oath, His covenant, His blood,
Support me in the whelming flood;
When all around my soul gives way,
He then is all my hope and stay.



Hope is not found in winning arguments—it's found in how we choose to be with one another.



What has helped you have hope lately?

What helps you stay engaged and not give all the way in to cynicism?



My list:

- The Pope
- Hungary
- Artemis II

Saint Augustine, the pope said, offers “the church and the world” a vision that includes the “struggle to build community, to seek for unity among all peoples, and respect for all peoples, in spite of the differences.”



Hungary

- Magyar offered a hopeful, affirmative vision for a "functional and humane Hungary"
- "I will also be your prime minister and ensure that we will be able to accept each other, even if we do not hold the same opinions".

ARTEMIS II CREW



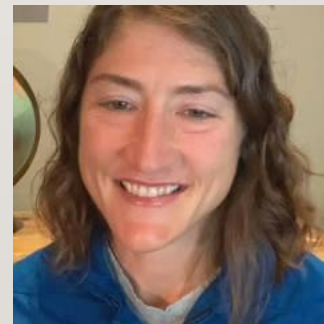
Reid Wiseman (NASA)



Victor Glover (NASA)



Jeremy Hansen (CSA)



Christina Koch (NASA)





*Smart, kind people from different lived experiences
facing complex challenges with courage and care.*

How NASA's Artemis II became the world's Moon Joy



Brené Brown  is with **NASA**.

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This is our reminder of what courageous leadership and teamwork looks like. Mission impact is the flywheel created by imagination, strategy, operational excellence, and meaningful human connection.

[@nasaartemis](#) is the very best of us. This why we can't stop cheering and crying and pumping our fists in the air.

This is possible.   