

## Sit in the Strangeness

Sit in the strangeness  
of it all, my love.  
Not because you should,  
not because it's good for you,  
but because it's the deep  
longing of your soul.  
Not because it's wrong to want  
familiarity or home comforts  
but because you can use all that  
to deaden yourself  
to the freshness everywhere  
in every moment.

Until today you had never yet seen  
this big old oak tree light up  
when morning sun breeched  
the hedgerows. It lit your soul up too.  
Tomorrow, will you think  
you know this golden miracle,  
that you've seen it all before -  
no longer be charmed  
by blue-feathered magpies hopping  
or grey squirrel friends playing  
among her twisting limbs?

For now, this land and its lanes  
are unknown to you  
and you still can't see  
the shape your life here will take.  
Before you rush to work it all out  
sit a moment and consider your existence.

What if you don't know anything?  
What if you're not in control?

Does that make you uncomfortable?  
Is that okay?

Sit in the strangeness  
a while, dear one.  
Wild creatures of all sorts  
find a home in her branches.  
In the end, this strangeness  
is all there is.  
They call it Mystery.  
**God of the Quiet,**  
I feel you inviting me deeper

into your silence and stillness.  
Your rain-soaked trees are still  
even when they move  
for they remain rooted in you.  
Your evening birds are silent  
even when they sing  
for they are only ever  
who you made them to be.  
Draw me into that sweet silence  
and stillness of creation,  
which you have planted  
deep inside me too.  
Though I hesitate  
it is my heart's desire to follow.  
Please quiet all that is within me,  
as a mother quiets  
the child in her arms;  
Still my fears and strivings  
with the whisper  
of your love and delight;  
so that, rooted in you,  
and resting in who you made me,  
my words may always arise  
from your silence  
and my actions always  
from the heart of your stillness.  
Amen.

Poem and Prayer by:

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